### MEASURES TO PREVENT CARDIOVASCULAR DISEASE



Lower your salt intake. Salt retains water which increases blood volume and leads to hypertension.



Watch your arterial blood pressure. Normal blood pressure is 120/80 mm Hg.



Get a cardiogram once a year.



Watch your blood sugar and cholesterol. High blood sugar and cholesterol build up in the walls of your arteries and clog them.



Treat tonsillitis and other bacterial infections in a timely fashion. Chronic inflammation puts a strain on the heart and causes intoxication.



Eat boiled or steamed fish and poultry, avocados, flaxseed oil, nuts, pumpkins, broccoli, pomegranates, garlic and onions, ginger, turmeric, oats and cereal, dried apricot and figs.



Eat less refined oil, fatty and fried foods, salt and sugar.



You will get the best results by combining these prevention methods with the use of DeVita technologies.

Before



Tiredness, when walking up and at a quick pace. Fatigue, worsened memory and lowered working

After using DeVita for the first time



Improved overall well-being, healthier heart rhythm. After a month of using DeVita



Improved stamina, better condition of your blood vessels, better memory and no more labored breathing.



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DeVita technologies are the fastest, easiest, most reliable and modern way to your health improvement.



# HOW DANGEROUS ARE CARDIOVASCULAR DISEASES?



The main function of the cardiovascular system is to carry nutrients, oxygen and energy to your organs. Blood also transports toxins and waste products away from the organs. The cardiovascular system works constantly with no breaks, and the smallest interruptions in its work lead to problems for the entire body.



Cardiovascular diseases are leaders among the others. The most common risk factors are stress, bad habits and a sedentary lifestyle – they can appear in practically anyone's life. Cardiovascular diseases may also be caused by birth defects, traumas, inflammations and metabolic disorders.



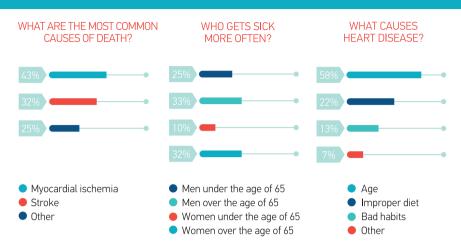
The most common diseases are ischemia, hypertension, arrhythmia and atherosclerosis. They can lead to heart attacks, strokes and hypertensive crisis the main causes of death in the developed world. Those problems don't just come with old age there are known cases of heart attacks at the age of 30-35.



One of the main dangers of cardiovascular problems is that they can be asymptomatic for a long time. Their first symptoms are similar to regular fatigue labored breathing. lightheadedness, nausea and migraines. Often by the time the patient goes to the doctor the cardiovascular problems will have reached an advanced stage.

### ACCORDING TO INTERNET STATISTICS

### DIRECTIONS FOR USE



## DIETARY RECOMMENDATIONS WHEN USING DEVITA

Avoid carbonated alcoholic and non-alcoholic drinks – they dampen the effects of the devices. Stop or lower your coffee intake. Quit eating «junk foods» (chips etc.) – they may cause indigestion. Drink at least 1-1.5 liters of pure drinking water a day to lead the toxins out of your body.



### USE THE FOLLOWING PLANS FOR DEVITA DEVICES:

- when you experience arrhythmia (an abnormal heart rhythm);
- when you experience problems with your veins and arteries;
- when you experience a circulatory deficiency;
- when you experience general cardiovascular problems.

### **HOW IT WORKS**

### APPLICATION PLANS



The effect of DeVita AP Base is based on resonance, in particular, the studies of Royal Raymond Rife, doctor and scientist. Rife has discovered that every microorganism has an individual oscillation frequency, the increasing of which leads to the microorganism's death without harming other cells.

When parasites enter your body, they create a toxic load on the cardiovascular system and interfere with its function. Microbes destroy the heart and blood vessels, migrating through the blood and settling in the heart muscle and surrounding tissue. DeVita AP Base basic antiparasitic programs work on most known pathogens, removing the parasitic load quickly, efficiently and with no side effects.

Our special program "No schistomes and trematodes" cleanses the blood from parasites that affect the condition of the blood vessels and the heart.

The "Drainage, general" program is used for cleansing the body after using basic antiparasitic programs, removing the toxins and improving overall well-being.



DeVita Ritm Base puts into action the developments of such scientists as Reinhold Voll and Arthur F. Kramer, who discovered that each organ has a healthy oscillation frequency. DeVita Ritm Base softly works on the body, telling it a healthy frequency. As a result the body works on restoring itself.

The "Healthy day" autoprogram aids the functioning of the cardiovascular system, helping to open up even the smallest capillaries. It improves blood circulation and nutrition in tissues and cells. It activates the body's self-regulation process and boosts immunity. Our "Comlete cleansing" autoprogram helps restore the main excretive systems and harmonize bodily functions.

Our special "Healthy heart" and "Cardiac rhythm normalization" programs restore the heart's rhythm, reduce the influence of negative factors, and regulate blood supply to the heart.

DeVita Energy relieves nervous strain, which is one of the causes of cardiovascular disease. It starts the body's processes of self-regulation and restores energy.



PLAN 2 (FOR THE 2ND MONTH)		DEVICE	PROGRAM		USE
	1	DeVita Ritm Base	Autoprogram	Complete cleansing	Daily, from 8AM
	2		Special program(s)	Healthy heart and/or Cardiac rhythm normalization	When necessary
	3	DeVita AP Base	Special program	No schistosomes and trematodes	Daily, for 14 days

PLAN 3 (FOR THE 3RD MONTH)		DEVICE	PROGRAM		USE
	1	DeVita Energy	Basic		1-2 times in the morning
	2	DeVita Ritm	Autoprogram	Healthy day	Daily, before noon
	3		Special program(s)	Healthy heart and/or Cardiac rhythm normalization	When necessary



